Master Course: Cancer Control Planning and Implementation

Pre-Webinar Course Overview & Online Platform Information

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U.S. DEPARTMENT OF HEALTH AND HUMAN SERVICES

National Institutes of Health

Master Course Overview: Objectives and Outcomes

- Increase knowledge of:
 - How to maximize the health impact and use of resources through strategic national cancer control planning;
 - Best practices to develop, implement, and evaluate a national cancer control plan;
 - How cancer control plan development and implementation can be used to address needs in specific areas (e.g. cancer screening);
- Exchange information on different strategies other countries have used and lessons learned;
- Develop specific strategies to move national cancer control planning efforts forward

Master Course Sponsors and Faculty



 ICCP Partners: ACS, AORTIC, ASCO, BHGI, Cancer Council of Pacific Islands, CDC, IAEA-PACT, IARC, ICCCA, Livestrong, London School of Hygiene and Tropical Medicine, NCI, NCCN, SLACOM, RINC, UICC, University of Hawaii, PAHO, WHO HQ and regional offices



• **Partnership's Vision:** to support cancer planners and decision-makers in development, implementation and evaluation of high impact and comprehensive NCCPs.

Partnership Objectives:

- Develop and promote cancer control planning at global and local levels
- Provide a web-portal that serves as a one-stop-shop of bestpractice resources, including a database of published NCCPs
- Provide technical assistance to countries

Master Course Overview: Format

- 8 webinars (pre-recorded)
 - Online discussions following each webinar that follow the
 1-1-1 format:
 - ☐ Answer 1 question
 - ☐ Respond to 1 comment
 - □ Ask 1 question
 - One practical assignment
 - Reading assignments and supplementary reading materials for some webinars
- In-person workshop: Paris, France October 31, 2016

Participant Expectations

- Course attendance and participation policy:
 - Course participants are expected to actively participate in all 8 webinars, each online discussion, and the in-person workshop;
 - Participants unable to participate in the webinars and discussions will not have the background needed to fully participate in the in-person workshop in Paris and will be excluded;
 - Participants completing the full workshop will receive a Certificate of Participation.

Course Online Site: What we'll use it for

Everything

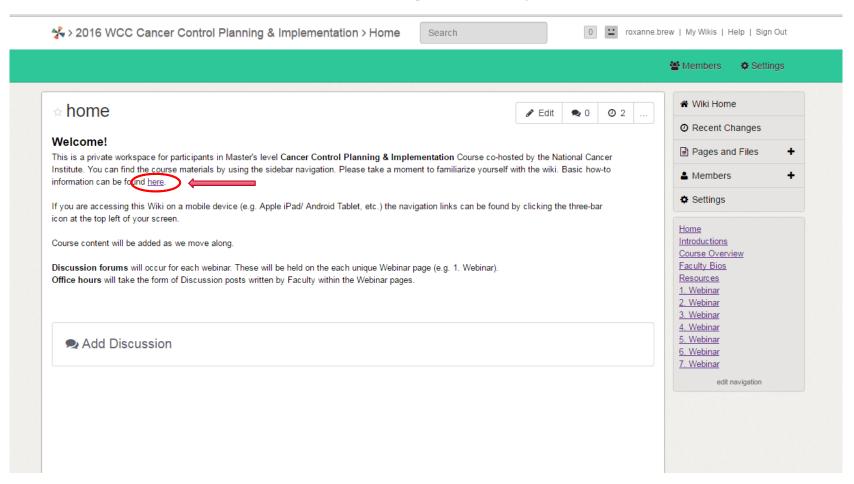
- Review the course syllabus, faculty bios
- Introduce yourself and meet your fellow course participants
- Get course materials
 - Webinars, reading materials, etc.
- Online discussions
 - Communicate with faculty and other participants
 - Answer and post questions

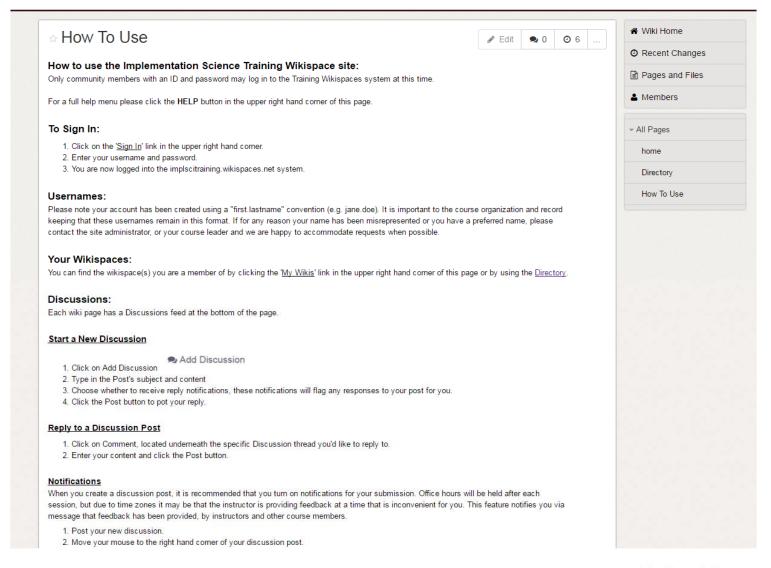
Course Online Site: Getting started

- Log-in using to the Wikispace site using the username and password you were sent via email
- 2. Visit the Wiki help page
- 3. Enter your information on the **Introductions** page

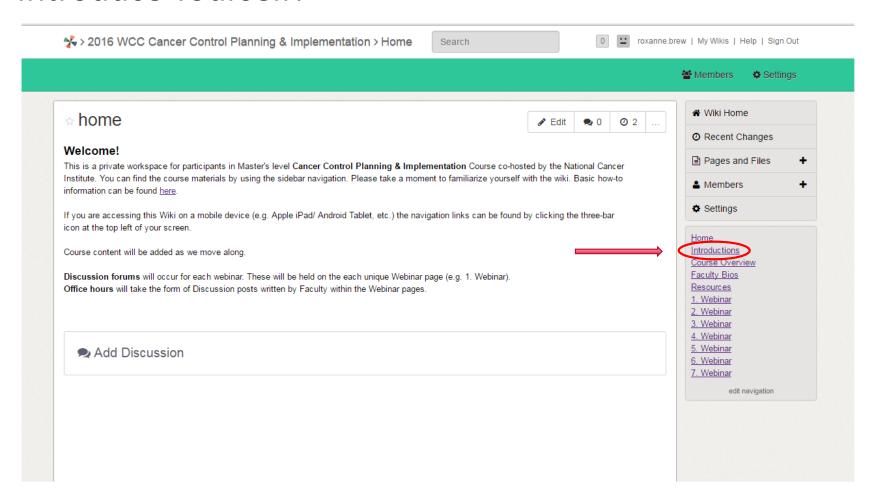
For help, contact Roxanne Brew at roxanne.brew@nih.gov

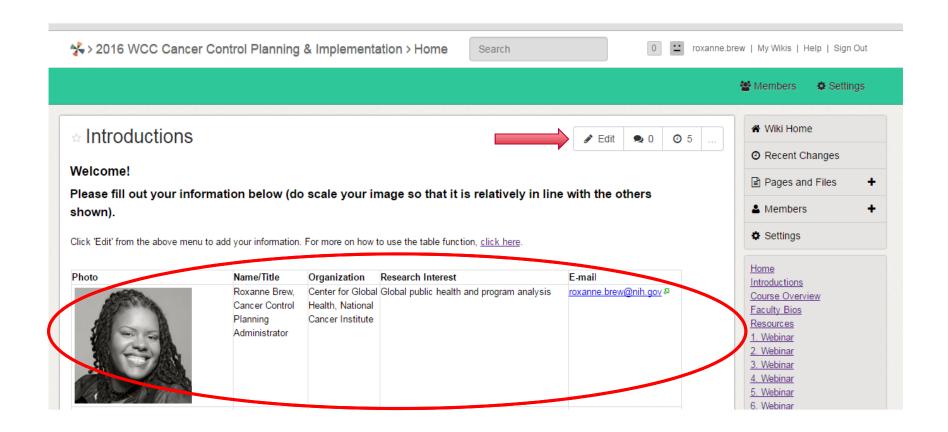
Cancer Control Planning & Implementation Wiki

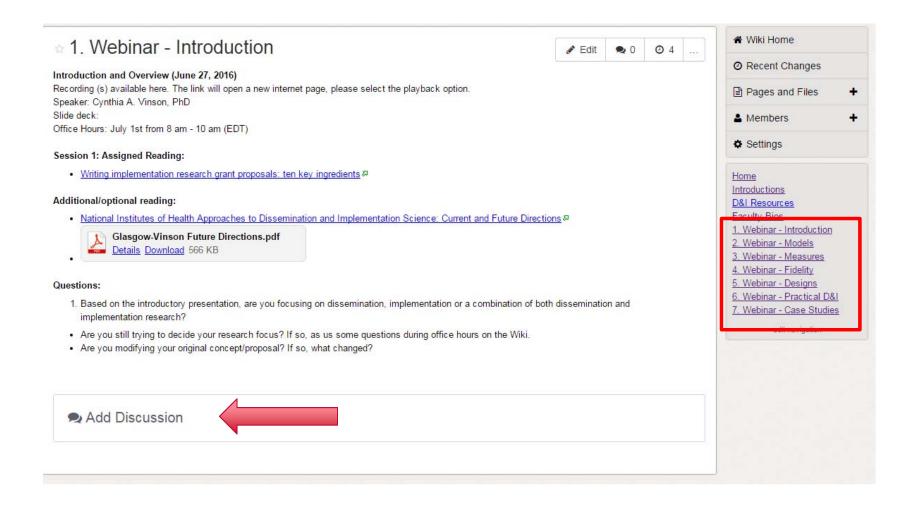




Introduce Yourself!







Let's get started!

- If you haven't already introduce yourself on the Online Platform.
- Watch Webinar 1: National Cancer Control Planning –
 Foundational Elements and Partnerships

...webinars are pre-recorded, so watch them at the time of day convenient for you

- Discuss online 1-1-1:
 - ☐ Answer 1 question
 - ☐ Respond to 1 comment
 - □ Ask 1 question

...at a convenient time for you or during "office hours", which will be posted in the notice for each bi-weekly webinar.

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Office hours explained

- You can engage in each post-webinar discussion whenever you have time in the week following the webinar or during "office hours" when you'll get guaranteed quick responses from faculty;
 - A 3-hour time of "office hours" will occur about 3-4 days after the webinar is posted to answer questions in real time
 - Office hours will be posted in the notice for each bi-weekly webinar
- For the first webinar: The "office hours" real-time discussion will be on July 8, 2016 from 8-11am Eastern U.S. Time

Master Course: Cancer Control Planning and Implementation

Webinar #1 National Cancer Control Planning – Foundational Elements and Partnerships

Brenda Kostelecky, PhD – National Cancer Institute Karin Hohman, MBA – Strategic Health Concepts Leslie Given, MPA – Strategic Health Concepts

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Webinar 1 Overview

- 1. A National Cancer Control Plan
 - What is it?
 - Why should you have one?
 - How do you get started?
- 2. The power of a national cancer partnership
- 3. Cancer plan development and assessment tool



What is a National Cancer Control Plan (NCCP)?



A strategic plan to control cancer based on the country's cancer burden, cancer risk factor burden and the resources available to implement the plan in the context of the culture and health care system in that country (Union for International Cancer Control)



A plan is like a roadmap

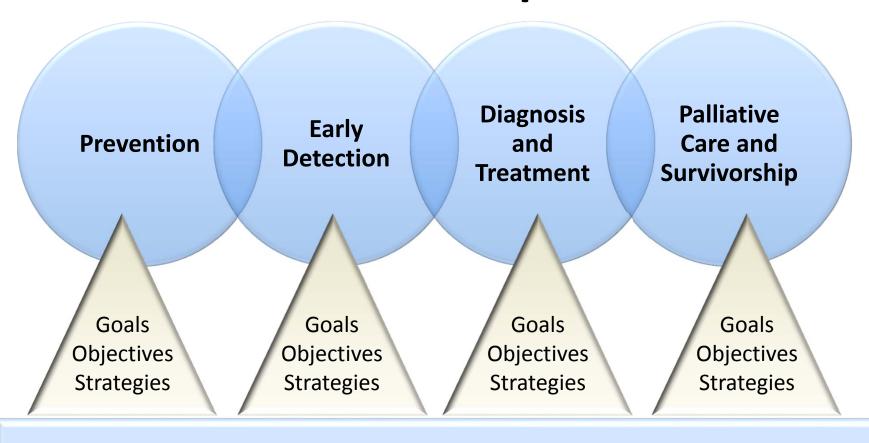


It shows the final destination(s) and how to get there

Other definitions

- Cancer Control Reduction in the incidence, prevalence, morbidity or mortality of cancer
- Comprehensive Cancer Control A collaborative process through which a community and its partners pool resources to reduce cancer risk, find cancer earlier, improve access to quality treatment, and improve survivors' quality of life (U.S. Centers for Disease Control and Prevention)
- National Cancer Program The total of all cancer control activities being taken by a whole country to address the cancer issues in that country (Union for International Cancer Control)

NCCP scope



Data / Disparities / Research / Evidence Based / Evaluation / Stakeholder Support



Why develop a National Cancer Control Plan?



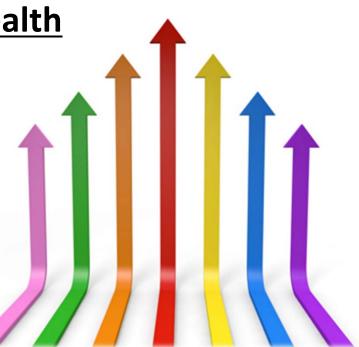
Benefits of an NCCP

- ✓ Increase financial, political and social support
- ✓ Maximize use of resources
- ✓ Build a partnership to combat cancer
- ✓ Coordinate efforts in cancer and other health areas to build on each other and avoid duplication
- ✓ **Increase** the use of evidence to guide policy and programs
- ✓ Ensure accountability
- ✓ Communicate cancer challenges, needs, and path forward to the community, policymakers, and international partners
- ✓ Improve health outcomes

NCCP outcomes

Improvements in **population health**

- Reduced cancer risk
- Earlier cancer detection and diagnosis
- Earlier and better treatment
- Improved palliative care
- Increased quality of life



Cancer control is a "whole-of-society" challenge

- Needs to be embraced by government, civil society, private sector, professionals, patients, and public;
- Interventions need to take into account social determinants of health, public health, and existing health services and systems;
 - This takes time and sustained effort
 - Addressing social determinants involves virtually all government agencies/ministries
 - The importance of government support for broad-based cancer control (fully supported by civil society, professionals and the public) through legislation including universal health care, tobacco control policies, and social policy reforms can't be minimized.

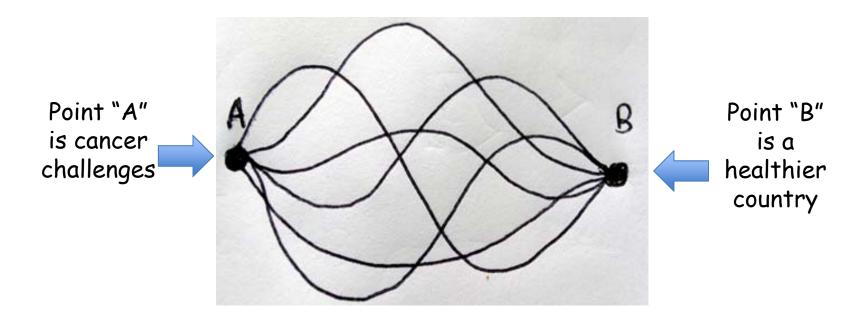
Chokshi & Farley. New Engl. J Med 2012.367: 295-7



How do you get started?



Similar Issues, Different Paths



There are best-practices and guidelines to guide your work along the way

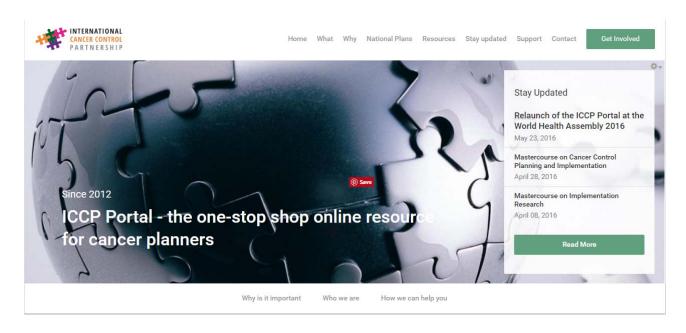


What does the ICCP offer?

- National Cancer Plans: interactive map of over 160 published national cancer control plans and almost 50 non-communicable disease (NCD) plans
- Selected resources on planning and capacity-building for cancer control: Library of Resources provides access to essential materials and tools on cancer control planning and capacity-building at local, national and regional levels
- Best practices and experience: expert Networks collate the latest evidence and showcase successes in the field of cancer control
- **Technical assistance opportunities:** technical assistance offers from ICCP Partners and stakeholders
- Global cancer initiatives and advocacy: current global initiatives dedicated to delivering global, regional and local NCD and cancer control commitments

ICCP Portal

An online one-stop shop for cancer planners and policy-makers: http://www.iccp-portal.org/

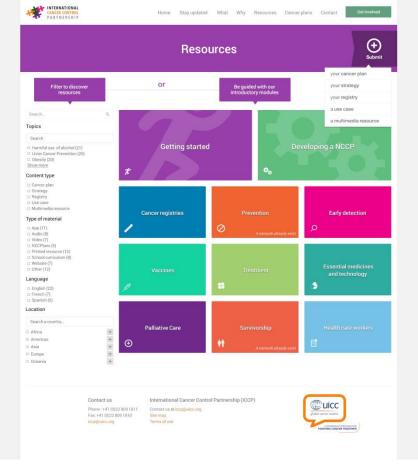


Access to published plans



- Interactive map and listing of current publicly available NCCPs
- Searchable database to identify best practices and lessons learnt in other countries
- Progressive integration of emerging NCD plans

Library of Materials and Tools



http://www.iccp-portal.org/

Specific Cancer Planning Resources

Some key starting resources on cancer control planning that can be found on the ICCP portal:

- US Centers for Disease Control and Prevention
 - http://www.cdc.gov/cancer/ncccp/
- World Health Organization
 - http://www.who.int/cancer/nccp/en/
- Union for International Cancer Control
 - http://www.uicc.org/national-cancer-control-planningnccp



Getting started: Are you ready for planning?

- Strong foundations and preparation for planning are essential to effective implementation
 - Leadership
 - Political will, policy and financing
 - Public and community support
 - Partnership/coalition



Leadership starts with you

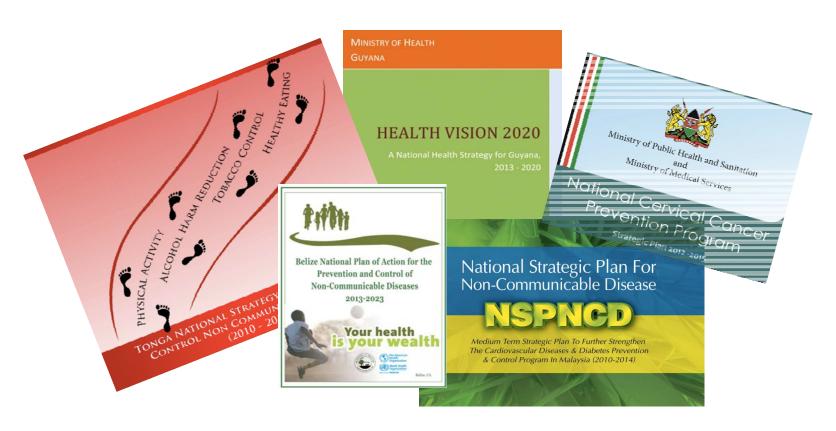


You can lead by:

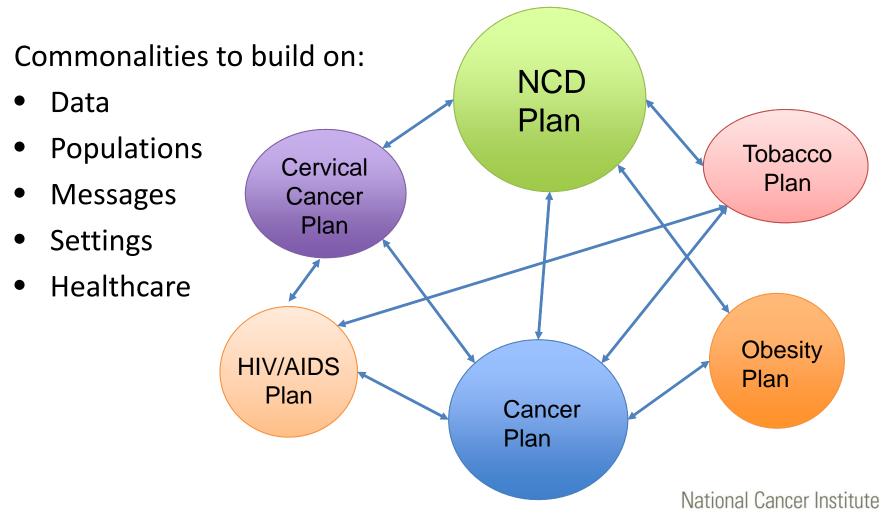
- Building a coalition to develop public and political support, financing
- Coordinating cancer efforts & build on successes
- Focusing on priority issues and gaps
- Assuring evidence based strategies are used
- Leveraging skills, expertise and resources
- Tracking progress and identify areas to change



Getting started: What other plans exist in your country?



All these plans are connected



Getting started: Understanding the essential elements of a plan



Essential elements of an NCCP

- Outlines vision, mission, goals, objectives, strategies
- Comprehensively covers prevention to end of life
- Uses available data and evidence to identify needs, gaps, strategies
- Takes into account unique country context and social determinants of health
- Sets up clear monitoring and evaluation of plan outcomes
- Communicates clearly to intended audiences including policymakers, care providers, the public
- Outlines a plan for financing, developing additional sources of revenue, and leveraging existing resources

Develop a SMART plan

- Goals Broad aims
 - Example: Improve colorectal cancer screening
- Objectives Specific (SMART)
 - Example: Increase colorectal screening of 50-70 year olds by 30% within 5 years
- Evidence-based Strategies Plans of action
 - Example: Develop and distribute educational material on colorectal screening to patients through family doctors

SMART objectives

- S Specific
- M Measurable
- A Achievable
- R Relevant
- T Time-bound
- Example: By 2018 reduce the percentage of youth aged 15-18 who have used tobacco in the past 30 days from 10% to 8%.

Example 1: Goals, Objectives, Strategies

Goal:

Prevent cancer from occurring

• SMART Objectives:

- Reduce youth smoking from 33% to 20% by 2020
- Reduce adult smoking from 28% to 22% by 2020

Evidence-Based Strategies:

- Increase the tax on tobacco
- Enforce policies that limit access to tobacco products
- Conduct youth-focused counter-marketing campaign

Example 2: Goals, Objectives, Strategies

Goal:

Detect cancer in it's earliest stage

SMART Objectives:

- By 2018, increase the percent of women from 65% to 85% who receive cervical cancer screening according to nationally accepted standards guidelines
- By 2019, increase the percentage of patients who receive treatment within 30 days after receiving a cancer diagnosis

• Evidence Based Strategies:

- Develop a process in which cervical cancer screening standards and guidelines are agreed to by all identified stakeholders
- Develop and disseminate provider practice guidelines to ensure appropriate follow up for all cancer diagnoses
- Include "amount of time from diagnosis to treatment" as part of all quality indicators

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Plan Development Steps: An Example

- 1. Establish leadership group and define roles
- 2. Recruit partners to help draft sections of the plan
- Gather and summarize data
- 4. Partners discuss the plan and use the data to identify goals, objectives and strategies
- The designated writers take all information and input and create a draft plan
- 6. All partners review and approve the plan



The Power of National Cancer Partnerships

- Why build a partnership?
- Who should be involved?
- How to build a partnership



Benefits of partnerships

Combine resources



Promote coordination



Maximize support



Increase comprehensiveness



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More benefits of partnerships

Drive innovative solutions



Enhance sustainability



Reduce disparities



Improve health outcomes



What is a cancer control partnership?



- A group of diverse and committed organizations who agree to work together to develop and implement a national cancer plan
 - provide input and ideas on cancer problems and solutions
 - bring expertise to the partnership and leverage their existing programs and networks



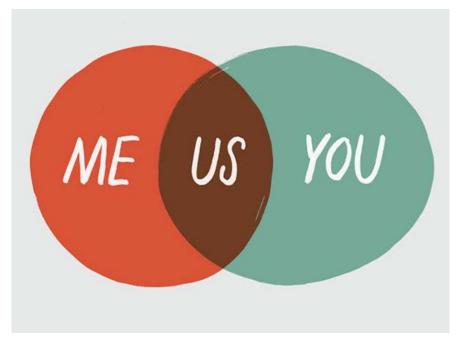
Who should be involved?





What does a cancer control partnership do?

The partnership should commit to doing things together that wouldn't otherwise happen





What kinds of <u>people</u> should be involved

Influencers

- Decision-makers and people with high-level influence and connections
- Those with connections, trust, and influence within the community

Experts

- Those good at seeing bigger picture
- People with specific expertise
 - E.g. Public health, cervical cancer, cancer surveillance, evaluation



What kinds of <u>organizations</u> should be involved

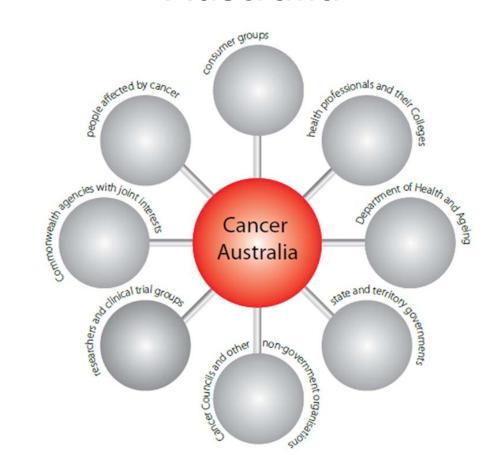
- Depends on the country context
 - Government (national and local)
 - Civil society, patients, survivors
 - Universities
 - Cancer centers, physicians and other health workers
 - Media, businesses, educators

Not just the "usual" partners

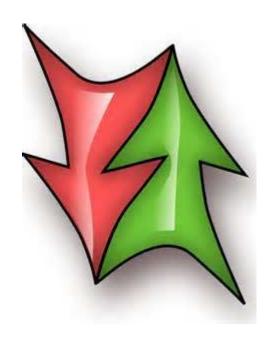
- Specific population groups
- Certain geographic areas in the country
- Representation along the entire cancer continuum
- Specific expertise such as evaluation specialists, resource development, information technology
- People who care about the same thing for "different" reasons
 - Vaccine coalitions
 - Heart association (risk factors)
 - Human rights groups
 - Women & children's advocates



Cancer Control Partnership Example: Australia



Cancer control partnerships begin in different ways



- Some partnerships are established by the government
- Others are formed by motivated stakeholders
- Regardless, it's important to involve all sectors and key organizations

Steps for Building A Partnership

- 1. Gather a core group of individuals to start the partnership
 - Who cares about these issues? Who will work well with others? Who can influence others and make decisions? Who wants to do this?
- 2. Make the case: Core group develops talking points and what they want to accomplish
- 3. Systematically recruit others
- 4. Define roles and keep moving forward with decisions and progress
- 5. Establish meeting schedules, agendas with outcomes and communication methods

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Step 1: Gather core group

- Who is already involved? Who is missing?
 - Hospitals and clinic health care leaders
 - Elected and community officials
 - Community members
 - Cancer survivors
 - Businesses/private partners
 - Government programs
 - Community leaders
 - Advocates



Step 2: Make the Case

"Make the case" for additional partners to join the cancer partnership



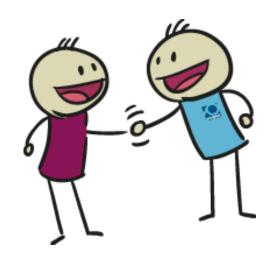
Briefly explain:

- The country's cancer problem
- The importance of a national cancer plan
- What's been accomplished so far and what could be accomplished with their support
- How you'd like them to be involved



Step 3: Systematically recruit others

- Partner Recruitment Tips
 - Build on personal relationships
 - Communicate directly with the person
 - Look for "win-win" opportunities
 - Talk together about what specific role the partner can play



Step 4: Define Specific Roles for Partners

- Examples of possible roles:
 - Provide data and information

Who: Government staff and programs

Communicate with the public, policy makers

Who: Respected, credible leaders

Work on specific strategies in the cancer plan

Who: Program staff, survivors, youth, nurses, researchers...

Provide funding or donate resources

Who: Businesses and private organizations

Advocate for changes in policies, laws, resources

Who: Political and community leaders

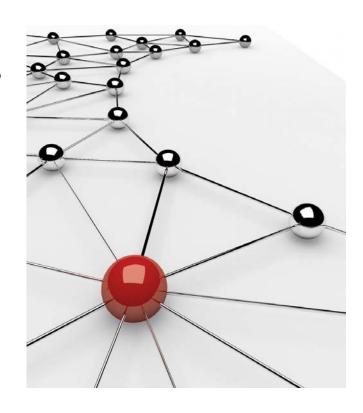


Step 5: Get organized

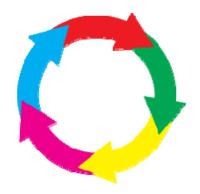
- Establish meeting schedules
- Make meetings count have an outcome with clear next steps
- Establish communication methods to keep moving

Don't forget to link to other plans

- Non-Communicable Disease (NCD) plans, risk factor plans, HIV/AIDS plans, etc.
 - Work together on similar goals
 - Avoid duplicating efforts
 - Coordinate messages,
 materials
 - Leverage common resources



Cancer Control Partnerships are Ongoing



- Working on your cancer partnership doesn't only happen at the beginning of your efforts – it's an continuous effort, throughout planning and implementation
- Assess, strengthen and build your partnership no matter where you are in the cancer plan process

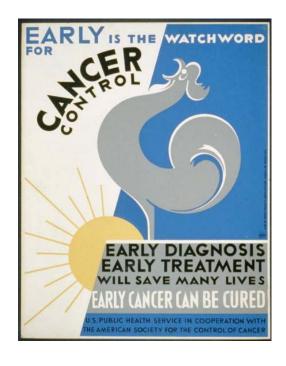


National Cancer Control Plan Development and Implementation Assessment Tool

Purpose of the Tool

Identifies the critical elements of

- preparing to develop a national cancer plan,
- 2. developing a national cancer plan,
- 3. implementing a national cancer plan,
- 4. evaluating the implementation of the national cancer plan,
- 5. and updating a national cancer plan.



The tool provides countries with an opportunity to assess their own efforts in each of these areas to develop a plan of action to address critical planning and implementation elements.

Purpose of the Tool

- The tool is meant to
 - engage key stakeholders in a thoughtful discussion of essential elements,
 - assist in identifying areas for enhancement and improvement,
 - shed light on reasons for challenges that have been encountered.
- The tool is NOT a guide about how to develop and implement a plan or provide specific solutions to uncovered issues.
- There is a resource guide at the end of the tool to link to further information.

Contents

- Section A: Determining Where to Start in this Tool
- Section B: Before You Develop a Plan
 - Building Support to Develop a Plan
 - Building a Diverse Partnership to Guide Plan Development
 - Determining Our Cancer Burden, Our Strengths and Opportunities
- Section C: Developing, Implementing and Updating a Cancer Plan
 - Plan Development Process and Content
 - Plan Implementation
 - Plan Monitoring and Evaluation
 - Plan Update
- Section D: Resources You Can Use

How to Use the Tool

- Assemble a small team of people (3-7)
- Team should be diverse and include
 - government
 - civil society
 - universities/academia
 - professional associations
 - and private and public health systems such as insurers,
 hospitals and cancer centers
- Diverse perspectives, experiences and expertise will enhance discussions, decisions and support for making progress.



Example

Components to Address	Incorporated? (Y or N)*	Action Steps to Get Started or Move Forward (*brief description if Y)	Who is responsible?
We have identified a staff person(s) to lead development of the plan	YES	We have a staff person identified within the Ministry of Health, however that person is overextended. Our action step to help address this is to identify additional staff from partnership members to assist the MOH staff person	Organizations responsible: MOH, Cancer Society, Central Hospital

How to complete a section of the tool for this course

- Where to Start:
 - Use the "Where to Start" questions to determine where to begin in this tool.
 - These questions quickly assess your country's needs and where you are in the national cancer plan development and implementation process
 - You do not need to complete the entire tool, only relevant sections
- Upload your completed section(s) before the July 18 webinar
- How to Use the Results:
 - As your team identifies areas that need to be developed or improved, you will create "actions steps" to guide future efforts
 - Areas of improvement will be the focus of your efforts during the inperson workshop

Reminders

- Engage in online discussions
 - □ Answer 1 question
 - ☐ Respond to 1 comment
 - □ Ask 1 question
 - ☐ Discuss more if you want!
- Complete assessment tool, share results online with this group
- Webinar 2: Week of July 18, 2016 National Cancer Control Plan Implementation and Evaluation