



MICK'S STORY

"My life with emphysema."

"I knew the dangers, but I thought I could get away with it.

Well turns out I didn't get away with it, and you might not either. Struggling to breathe... hopping in an ambulance and not knowing whether you're going to see your family again... seeing the terror in their eyes as you turn blue - that's just the half of it and believe me, it's not exaggerated.

However much you like smoking, however much you think you can't quit - it's just not worth the risk to you and your family. Give it up.

I would tell smokers they will die before their time."

For help, call the Quitline on 13 7848 or visit [facebook.com/MakeSmokingHistoryWA](https://www.facebook.com/MakeSmokingHistoryWA)

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