

# **NEBRASKA** CANCER PLAN

2017 - 2022







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1 Executive

**Summary** 





# **Executive Summary**

# What is Comprehensive Cancer Control?

Comprehensive cancer control is an approach that brings together key organizations and community members to write a plan to reduce the impact of cancer on a community. Comprehensive cancer control coalitions are groups of diverse partners that work together to address cancer in their community. The Centers for Disease Control and Prevention (CDC) funds all fifty state governments to run a Comprehensive Cancer Control (CCC) program. No program is able to implement the plan alone; so the CDC tasks programs with forming and supporting a coalition.

The Nebraska Department of Health and Human Services began receiving funding from the CDC for the CCC program in 2002. During the next eight years the Nebraska CCC program ran the coalition. In 2010, the coalition decided to incorporate and filed paperwork to become a 501 c 3 organization. The nonprofit coalition is now known as Nebraska Cancer Coalition or NC2.

# What is a Comprehensive Cancer Control Plan?

A cancer plan uses information unique to each state, such as the cancer type with the highest burden, the health behaviors that lower the risk of cancer, and the health behaviors that increase the risk of cancers. Each program and coalition is required to have a plan, and they are usually updated every five years with the help of a self an assessment tool. The plans are organized around six priority areas chosen by the CDC:

- Encourage people to make <u>healthy choices</u>.
- Educate people about <u>cancer screening tests</u>.
- Increase access to good cancer care and reduce <u>health disparities</u>.
- Make sure people who <u>survive cancer</u> live well.
- Implement policy, systems and environmental changes.
- Demonstrate outcomes through evaluation.

# 1 Executive Summary

# **CDC Cancer Control Priorities**

Make sure people who survive cancer live well

Educate people about cancer screening tests

Implement policy, systems and environmental changes Reduced cancer incidence and mortality

Increase access
to good cancer
care and
reduce health
disparities

Demonstrate outcomes through evaluation

Encourage people to make healthy choices





# 3

Assessment

Self-

# **Results of the Self-Assessment Tool**

The results of the Nebraska Cancer Plan self-assessment showed several things that the last plan did well and some things the next plan could include to be more robust.

# What Nebraska's Last Cancer Plan Did Well:

The goals and objectives were clearly laid out. They covered a multi-year period, and they described a state-wide effort. They also addressed each of the six priority areas and addressed each part of the continuum of care. The goals and objectives showed a relationship to other statewide strategic plans. Nebraska's objectives were specific, measurable, attainable, results-oriented and time-phased (S.M.A.R.T.), and focused on multiple levels of action. In other words, the previous plan made the logical case for cancer control in Nebraska.

The previous cancer plan did a good job of presenting all the data available on the current burden of Cancer in Nebraska, as well as risk factors, demographic information, and the disease burden of diverse populations.

# Improve On:

While the plan did present good data, the group of volunteers revising the plan found the volume of information to be burdensome and observed that this information was widely available elsewhere. The data-heaviness prevented stakeholders from using the plan when writing grants or planning activities. The core leadership team for the 2017-2022 Nebraska Cancer Plan decided to include in the data section only information not available elsewhere and to link to other reports so all the information necessary is available, but not regurgitated in the cancer plan document. Using hyperlinks to appropriate web pages and limiting physical copies of the plan also means the plan will remain up-to-date with minimal effort.

This assessment revealed the need to improve the process of updating the State plan. The last updating process was very informal, and feedback was gathered over a series of small group and individual conversations. The plan did not assign responsibility for implementing strategies, describe the process for prioritizing, or include a resource plan. The 2017-2022 plan includes detailed objective tables that clearly assign responsibilities, describes the process for prioritizing the annual work plans, and the necessary resources.

Additionally, while the last State plan listed strategies to reach objectives it did not clearly identify the population or setting, nor did it list the criteria for selecting the strategies. This information is now present in the detailed tables in the last section. Also present in the detailed tables are evaluation responsibilities, as well as short, intermediate, and long term indicators.





Self-Assessment As a group, the core leadership team set several goals; to always collaborate and coordinate, never duplicate. Secondly, the group decided the plan needed to contain enough flexibility to adapt to future changes. Lastly, the group decided to choose only the highest priority items for NC2 members to address while supporting and complementing the strategic plans of other DHHS programs.

The feedback from the volunteers working on the 2017-2022 plan was that the previous plan was bulky, contained duplicative goals from other programs, and was difficult to use. Every effort was made to keep this plan streamlined, include only essential content, and keep documents on the web only, as well as linking to other data sources to facilitate ease of use and ensure data is current. As a result, the plan is streamlined, action oriented and more user friendly.

The tracking system for five year indicators will be housed on the Nebraska Department of Health and Human Services Scorecard Dashboard, and will be easily updated. The tracking system will also be used to produce reports and will be easily modified.

### **Process to Write Nebraska Cancer Plan**

In July of 2015, an initial group met to discuss the revision of the cancer plan. This group included representatives of the Comprehensive Cancer Control Program, Nebraska Cancer Coalition and the American Cancer Society. The group determined the plan's scope and exclusions. The group agreed on a few key goals:

- Increase manageability (limit duplication)
- Align with partners
- Utilize a user friendly format
- Increase opportunities for collaboration

The group also set some exclusions for the process. Excluded from this plan are goals with no preexisting data source, goals added late in process without a formal review, duplicating the work of other DHHS programs, non-high burden/priority items, items unrelated to cancer and, non-evidence based or promising practice items.

After the meeting, the group worked to identify volunteer facilitators to lead workgroups based around the six CDC priority areas. Facilitators included representatives from the Nebraska Cancer Coalition Advisory Committee, the CCC Program staff and contractors, and volunteers. The CCC Program Manager held a training for facilitators and discussed both the project scope and the results of the cancer plan self-assessment.





Self-Assessment The Nebraska Cancer Coalition Executive Director invited coalition members to participate in the revision process. Over 40 coalition members volunteered, including representatives from the Nebraska Medical Association, local health departments, University of Nebraska Medical Center (UNMC), UNMC College of Public Health, American Cancer Society, American Cancer Society Cancer Action Network, Department of Health and Human Services, and physicians (including the Physician Liaison from the American College of Surgeon's Commission on Cancer).

On August 6th, 2015 the CCC Program hosted a webinar featuring Nebraska Cancer Registry Epidemiology Surveillance Coordinator Bryan Rettig, who updated the cancer plan revision volunteers on the most recent cancer data and trends. The CCC Program Manager updated all the volunteers on the process to revise the plan, expectations, project scope and exclusions.

Over the next six months the work groups met individually. They set five year objectives, short, intermediate and long term indicators, and identified identified a one-year objective to reach that five-year goal. They set a one-year budget, and identified other resources needed. The groups cited their evidence base, and tied their objectives to a national level action plan. All these elements are detailed in the tables in the last section.

The work groups submitted tables to the CCC Program. The program manager condensed all the items into a logic model, checking for duplication, adding in evidence base items, and adjusting the budget.

After reviewing the objective tables, the CCC program manager then met with DHHS stakeholders to introduce them to the Nebraska Cancer Plan and to ensure that strategies were not duplicative. These meetings increased buy-in for the plan from DHHS staff who all responded positively to the plan.

# **Process to Implement**

The process to implement the plan will be similar to writing the plan. Each objective identifies the lead organization to implement and evaluate the objective, evaluate the objective, and to collaborate with other organizations. Each year the work group will review the objective, plan the following year's objective, assign indicators and submit the plan for approval to the Nebraska Cancer Coalition and the Nebraska Comprehensive Cancer Control program. If an objective needs to be added to the plan, the same process will be used. The CCC program evaluator will track the evaluation measures for the plan via the DHHS web-based score-card dashboard and deliver annual evaluation reports to the stakeholders and the CDC.





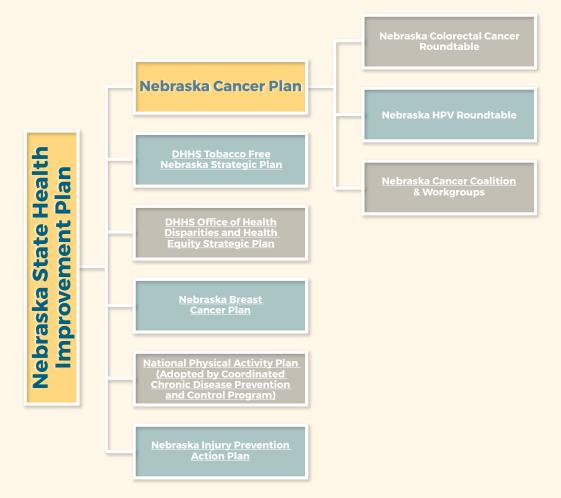
# 3 Self-

Assessment

## Conclusion

A cancer plan depends upon the time and talents of many individuals and organizations. One organization cannot develop or implement the plan alone. The Comprehensive Cancer Control Program depends upon the reach and influence of the coalition just as the coalition depends upon the technical expertise of the program. Together the two serve cancer survivors, caregivers and the public at large only through the purest egoless collaboration.

Below is a flow chart mapping out the Nebraska Cancer Plan within the overall Nebraska Health Improvement Plan. The underlined items represent hyperlinks to Nebraska strategic plans on associated risk factors and chronic diseases and showing the extensive collaborative input provided to the Cancer Plan.



# **How to Use the Nebraska Cancer Plan**

# If You're Writing a Grant

Please refer back to the request for proposals for specific requirements, such as award limits, eligibility, dates and other requirements. To write a proposal, you can find a link to the most recent cancer registry report in the Cancer Data section, as well as a link to Cancer Registry website, along with links to other helpful data sources.

As you are designing your project, it will be helpful to know the history of the Nebraska Comprehensive Cancer Control Program and Nebraska Cancer Coalition. Those can be found in the Executive Summary. If you are looking for other similar strategic plans for the State of Nebraska, or for other potential collaborators on your project, view the State Plan flow chart on page 6.

As you design your project, remember to review the six priority areas designated by the Centers for Disease Control and Prevention, all the objectives and strategies within this plan fall into those priorities. Current year strategies are represented in a graphic for easy identification. The last section of the plan contains detailed tables with five year goals; evidence based intervention sources; short, medium and long term indicators; and data sources to assist in your grant writing process.

You are strongly encouraged to reach out to the awarding entity for technical assistance on your proposal, if allowable.

# If You're Looking for Information on Cancer in Nebraska

Information about cancer incidence and mortality are located in the Cancer Data section, where you will find a link to the Nebraska Cancer Registry web page. Reading the Executive Summary will give you an overview of what the CDC funded cancer programs and the strategies partners are working on, as well as investigating the various logic models provided. There are many people working to prevent cancer, find it early, treat it, and care for survivors. This plan seeks to include the work of as many as possible, but doesn't capture all.

# If You're a Member of the Community Looking to Get Involved

The history of the Nebraska Comprehensive Cancer Control Program and Nebraska Cancer Coalition appears in the Executive Summary and the six areas the CDC has chosen as a priorities for comprehensive cancer control programs are described there. Nebraska's current strategies are highlighted in this section. We are always in need of people with passion and would love to hear from you. Our contact information is <u>NE CCCP NC2</u>.







# If You're a Provider Looking to Understand CDC Priorities Around Cancer Prevention and Control

The six priority areas designated by the Centers for Disease Control and Prevention are described in the executive summary. All the objectives and strategies within this plan fall into the priority areas. You will find the current year's strategies in a graphic for easy identification. The last section of the plan contains detailed tables with five year goals; evidence based intervention sources; short, medium and long term indicators; and data sources.









## Cancer Incidence in Nebraska

The Nebraska Cancer Registry recorded 9,338 diagnoses of cancer among Nebraska residents in 2013, an increase from the 9,208 diagnoses recorded in 2012. The 2013 number translates into an incidence rate of 445.1 cases per 100,000 population. By primary site, cancers of the lung, breast, prostate, colon and rectum occurred most frequently, accounting for about half (49.1%) of all diagnoses. Recent registry experience suggests that as the registry continues to record cases, the final count for 2013 will probably increase by 100 to 300 cases.

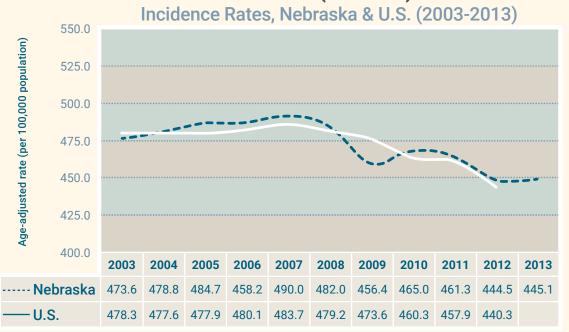
Comparison of the most recent state and national incidence rates for the past five years shows significant differences (p<.01) for cancers of the prostate, lung, stomach, liver, and ovaries and in situ female breast (Nebraska rates lower than the U.S.) and for non-Hodgkin lymphoma, invasive brain tumors, and cancers of the colon and rectum, endometrium, and testes (Nebraska rates higher than the U.S.). The graph below presents the annual incidence rates for all cancers for Nebraska and the United States since 2003.

# Nebraska Cancer Plan





# **Cancer (All Sites)**



# **Cancer Mortality in Nebraska**

In 2013, 3,458 Nebraska residents died from cancer, a number that translates into a rate of 163.0 cancer deaths per 100,000 population. These figures represent an increase from the state's 2012 figures of 3,481 (cancer deaths) and 164.7 (cancer mortality rate). For the fifth consecutive year, cancer was the leading cause of mortality among Nebraska residents in 2013, surpassing heart disease by 80 deaths. By primary site, cancers of the lung, breast, prostate, colon and rectum accounted for just under half (48.4%) of Nebraska's cancer deaths in 2013.

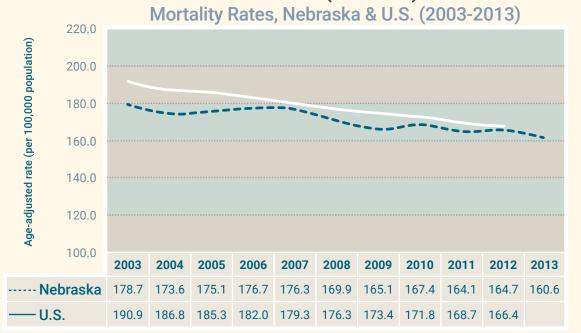
Comparison of the most recent state and national mortality rates for the past five years shows significant differences (p<.01) for cancers of the stomach, lung, liver, and female breast (Nebraska rates lower than the U.S.) and for cancers of the kidney and renal pelvis and brain and central nervous system tumors (Nebraska rates higher than the U.S.). The graph below shows annual mortality rates for cancer for Nebraska and the U.S. since 2003.

# Nebraska Cancer Plan





# **Cancer (All Sites)**



More detailed information and analysis of cancer registry data may be found on the <u>Nebraska Cancer Registry</u> page, including the most up-to-date annual report.

Additionally more information and data regarding the <u>Nebraska Behavioral Risk Factor Surveillance System</u> (BRFSS), including the most current information on many cancer risk factors such as nutrition, physical activity, alcohol intake and other behaviors may be found there.

# **Nebraska State Demographics**

According to the 2015 Nebraska Health Disparities Report, Nebraska's population is increasingly diverse although the overall proportions of minority groups remains smaller than United States as a whole. Approximately 9% of Nebraska's 2010 population was Hispanic, 4.4% Black, 1.7% Asian, 0.8% American Indian, and 1.6% identified as two or more races. 82.1% of Nebraska's population identified as white.

The minority population has been increasing much more rapidly than the white population. Between 2000 and 2010, according to the same report, Nebraska's total population increased by about 6.7%. While the racial and ethnic minority population grew by 50.7%, the growth rate in the white population was 0.4%. Within the racial and ethnic minority populations, the Hispanic population grew by 77.3%, the Native Hawaiian Pacific Islander population grew by 53% and the Asian population grew by 47%.

The Nebraska Health Disparities Report also found that Nebraska's Hispanic population reported the highest percentage of people not having a personal physician, American Indians and African Americans living in Nebraska reported similar numbers. The Hispanic population were also the most likely to report not having health insurance, and to be unable to see a doctor due to cost.

According to that same report, Nebraska's African American population had the highest death rate due to cancer over the years 2006-2010, 238.3 of every 100,000 compared to 171.8/100,000 of the white population. Almost 100 of every 100,000 Asians and Hispanic Nebraskans died of cancer.

For more in depth analysis of these issues and many others facing Nebraska's racial and ethnic minorities please examine the <u>Nebraska Health Disparities Report</u>.







# **Health Literacy**

Health literacy is a complex issue with three levels to the definition.

- 1. According to the CDC anyone who needs health information and services also needs health literacy skills to find information and services, communicate their needs and preferences, process the meaning and usefulness of the information and services and understand the choices, consequences and context of the information and services.
- 2. Anyone who provides health information and services to others needs health literacy skills to help people find information and services, communicate about health and healthcare, process what people are explicitly and implicitly asking for, understand how to provide useful information and services and decide which information and services work best for different situations and people to help them to act.
- 3. Lastly organizational health literacy is how organizations decide on health information and services. Organizations that remove health literacy barriers are health literate, such as adopting the <u>Ten Attributes</u> of Health Literate Health Care Organizations from the Institutes of Medicine.

The 2014 Nebraska BRFSS survey reveals some staggering statistics regarding people's understanding of the health care information they receive and provide.

- 34.3% of Nebraskans reported lacking confidence in their own ability to fill out health forms
- 26.6% of Nebraskans reported they had difficulty understanding written health information
- 50.2% of Nebraskans reported they regularly get help reading health information
- Nebraskan African Americans, Hispanics, American Indians, Asians/Pacific Islanders are all more likely to report difficulty understanding written health information.
- Nebraskans with less than a high school education, those who make less than \$25,000 a year, and Nebraskans who live in rural areas are also more likely to report difficulty understanding written health information







## **Prioritization Process**

Health literacy affects half of Nebraskans and disproportionately affects racial and ethnic populations as well as rural populations. The health equity strategies in the Nebraska cancer plan have been targeted towards health literacy efforts, and have, as much as possible been combined with system and organizational changes to affect the maximum number of Nebraskans possible.

# Years One and Two Action Plan

On the following page are the selected strategies for years one and two, removed from the detailed tables and sorted into the relevant priority areas. These are the strategies listed under the 1 year SMART objective in the detailed tables. These strategies will be carried out by a variety of organizations, require different funding levels and cover the first two years of the Nebraska Cancer Plan. All these details are contained within the tables.



The policy systems and environmental changes and the reducing cancer disparities priorities have been combined because the relevant strategies are crosscutting. During the planning process every effort was made to fill gaps rather than to duplicate existing strategies or to replicate the work of existing programs.







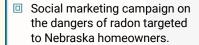
- Provide support to cancer centers seeking to become lung-cancer centers of excellence.
- Increase number of worksite wellenss projects related to cancer screening.
- Increase channels of communication to the public on the importance of cancer screening.
- Increase number of staff trained in CLAS.
- Increase number of funded projects with FQHCS working to improve their colorectal screening rates.

Educate people about cancer screening tests

Make sure people who survive cancer live well

- Develop and implement needs assessment targeted to Nebraska cancer survivors.
- Conduct key informant interviews with cancer stakeholder groups to identify resources available for survivors in Nebraska.
- Form ad hoc committee to study requirements to raise Pain Policy Studies grade from B+ to an A.
- Establish collaborative relationships with two entities interested in partnering with NC2 to evaluate the highest priorities in survivorship research.

Nebraska Cancer Plan



- One year educational series on cancer risk and alcohol targeted to health professionals. Support sun safe work environment and public attractions
- Collaborate on a social marketing campaign on HPV vaccination targeted toward adolescents emphasizing cancer prevention.

people to make healthy choices

Increase access to cancer care and reduce health disparities and implement policy systems and environmental changes

- Collaborative efforts to educate Nebraskans who experience health disparities on tobacco and cancer risk via the CDC TIPS campaign.
- Support cancer centers, local health departments, and 501 c
   3 organizations in implementing health literacy action plans.
- Coordinate and assist communities in forming coalitions around walking.

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# **Nebraska Cancer Plan Objective Tables**

On the following pages are the objectives and strategies for the Nebraska cancer plan. Please note that the crosscutting strategies of Policy, systems, and environmental changes and promoting health disparities and health equity do not appear in separate priority areas, but are built into each area as is noted in the top row of each table. After the objective section there is an overall logic model for the first two years of the period.

# **Definitions to Note:**

Objective-Specific, quantifiable targets that measure the accomplishment of the plan, there are 5 year objectives and one year objectives in this plan. Strategy-Specific, discrete activities, designed to achieve the objective. There are one year strategies contained in this plan.







# **Early Detection and Screening**

\*Note the Screening section is organized into several 5 year objectives and then into cross-cutting one year objectives focused on colorectal cancer to mobilize around the 80% by 2018 nationwide initiative, as well as state-wide interest. In years 2-5 the coalition and program plan to take lessons learned to other forms of screenable cancers. An exception to this is lung cancer, because while there are recommendations for screening, they are for a subset of the population, thus lung cancer strategies are listed separately.

PRIORITY AREA: Screening and Early Detection							
<b>5 year SMART objective A:</b> increase the number of women aged 21-65 up to date on cervical cancer screening from 81.7% to 91.7% according to the BRFSS							
What will be measured: percent increase Baseline: 81.7% of women aged 21-65 up to date on cervical cancer screening			Data source: 2014 BRFSS		Timeframe: by 2021		
<ul><li>Screening/early detection</li><li>Individ</li></ul>		<ul><li>Level of a</li><li>Individ</li><li>Familie</li></ul>	lual	Criteria:  Stakeholder interest Available resources		Population: adults of screening age Setting: communities, clinics	
Evidence base: USPSTF/HI	P2020		Lead organization: NE	Lead organization: NE CCCP		Lead workgroup: screening	
reported changes in knowledge, attitudes		Intermediate indicators (3rd to 4th year): reported changes in knowledge, attitudes and beliefs, web analytics, changes in clinical systems		Long-term indicators (4th to 5th year): increase in women up-to-date on cervical cancer screening			
Evaluation methods: tracking BRFSS data, program and process evaluations				าร	Lead	evaluating organization: NE CCCP	
Estimated budget: \$100,00	00			Other resources needed: subject matter expertise			

# **PRIORITY AREA:** Screening and Early Detection

5 year SMART objective B: increase the percent of men over 40 who had ever had a doctor, nurse or other health professional talk to them about the advantages of the PSA test from 56.1% to 66.1% according to the BRFSS

What will be measured: percent increase

Baseline: 56.1% of men never had a doctor, nurse or other health professional talk to them about the advantages of the PSA test (men 40+)

Data source: BRFSS 2014

Timeframe: by 2021

Continuum of care:

Screening/early detection

Level of action:

Criteria: Burden

Population: adults of screening age

Families

Individual

Fnvironmental scan Stakeholder interest

Available resources

Setting: communities, clinics

Evidence base: USPSTF/HP2020

Lead organization: NE CCCP

Lead workgroup: screening

Short-term indicators (1st and 2nd year): reported changes in knowledge, attitudes and beliefs, web analytics

Intermediate indicators (3rd to 4th year): reported changes in knowledge, attitudes and beliefs, web analytics, changes in clinical systems

Long-term indicators (4th to 5th year): increases in men who have had this important conversation with a health

care professional

Evaluation methods: tracking BRFSS data, program and process evaluations

Lead evaluating organization: NE CCCP

Estimated budget: \$100,000

Other resources needed: subject matter expertise







PRIORITY AREA: Screening and Early Detection								
<b>5 year SMART objective C:</b> increase the percent of adults aged 50-75 who are up to date on colorectal cancer screening from 64.1% to 80% according to the BRFSS								
What will be measured: percent increase		1 % of adults aged 50-75 up lorectal cancer screening	Data source: 2014 BRFSS	Timeframe: by 2021				
Continuum of care:  Screening/early detection	Level of action Individua Families		Criteria:  Burden  Environmental scan  Stakeholder interest  Available resources	Population: adults of screening age Setting: communities, clinics				
Evidence base: USPSTF/HP2020		Lead organization: NE CCCF	P <b>Lead workgroup:</b> screeni					
Short-term indicators (1st and 2nd year): rechanges in knowledge, attitudes and beliefs analytics, attendance at CLAS trainings, require for technical assistance, creation of channe communication, reported applicability, numfunded projects	s, web uests els of	Intermediate indicators (3rd to 4th year): reported changes in knowledge, attitudes and beliefs, web analytics, changes in clinical systems, attendance at CLAS trainings, requests for technical assistance, creation of channels of communication, reported applicability, number of funded projects		Long-term indicators (4th to 5th year): increases in screening rates				
Evaluation methods: tracking BRFSS data, p	rogram and p	Lead evaluating organization: NE CCCP						
Estimated budget: \$100,000			Other resources needed: su	ubject matter expertise				

### PRIORITY AREA: Screening and Early Detection 5 year SMART objective D: increase the percent of women aged 50-74 up to date on breast cancer screening from 76.1% to 86.1% by 2021 What will be measured: percent increase Baseline: 76.1 % of women aged 50-74 up to Data source: 2014 BRFSS Timeframe: by 2021 date on breast cancer screening Level of action: Population: adult women of screening age Continuum of care: Criteria: Screening/early detection Individual Burden Setting: communities, clinics Families Evidence base: USPSTF/HP2020 Lead organization: NE CCCP Lead workgroup: screening Short-term indicators (1st and 2nd year): reported changes Intermediate indicators (3rd to 4th year): Long-term indicators (4th to 5th in knowledge, attitudes and beliefs, web analytics changes in clinical systems year): increases in screening rates Evaluation methods: tracking BRFSS data, program and process evaluations Lead evaluating organization: NE CCCP Estimated budget: \$100,000 Other resources needed: subject matter expertise







# **Screening Crosscutting Issues: ACCESS**

### PRIORITY AREA: Screening and Early Detection

1 year SMART objective C1: increase the number of projects designed to increase Nebraskan's access to Cancer screening services done in collaboration from 0 to 2

Strategy (specific discreet activities designed to achieve the objective) used: support Chronic Disease Prevention and Control Program in its current worksite wellness efforts related to cancer screening, reduce the burden of transportation on Nebraskans trying to access screening services

What will be measured: increase in projects	Baseline: 0	Data source: CCC program records		Timeframe: by	2018	
Continuum of care:	Level of action:	Criteria:		Population: adults of screening age		
<ul><li>Screening/early detection</li></ul>	<ul><li>Institutions</li><li>Communities</li><li>Systems</li><li>Policy</li></ul>	<ul><li>Burden</li><li>Environmental scan</li><li>Stakeholder interest</li><li>Available resources</li></ul>			nunities, clinics, worksites	
Evidence base: The Community Guide, ACS C Worksite Wellness Toolkit, Research Tested In Institute, National Colorectal Roundtable 80%		NE CCCP/ Colorectal		Lead workgroup: early detection and screening		
Indicators: reported changes in knowledge attitudes beliefs, web analytics, reported uptake in transportation programs						
Evaluation methods: process and program ev	Lead evaluating organization: NE CCCP					
Estimated budget: \$100,000		Other resources needed:	technical a	ssistance from	partners	

### Years 2-5 Strategies:

80% by 2018

Take lessons learned and apply to other screenable cancers

# **Screening Crosscutting Issues: EDUCATION**

**1 year SMART objective C2:** increase the channels of communication to the public on the importance of cancer screening developed and disseminated in collaboration from 0 to 2 by June 2018.

Strategy (specific discreet activities designed to achieve the objective) used: support the creation of webinar training for nonclinical team members on the importance of colorectal cancer screening, support the creation of speaker's bureau on colorectal cancer.

What will be measured: creation and dissemination	Baseline: creation of channels of communication	Data source: program records		Data source: program records		Data source: program records		Timefra	ame: by June 2018
Continuum of care:  Screening/early detection	Level of action: Institutions Communities Systems Policy	Criteria:  Burden  Environmental scan  Stakeholder interest  Available resources		Population: adults of screening age Setting: clinics					
Evidence base: The Community Guide, ACS Research Tested Intervention Programs from the National Cancer Institute, National Colorectal Roundtable  Lead organization: NE CCCP/ NC2/Colorectal Roundtable  Lead workgroup: screen and early detection									

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**Objective Tables** 

Indicators: creation of webinar modules, number of speaker, variety of speakers Evaluation methods: dissemination strategies, focus group testing results for webinar, Lead evaluating organization: NE CCCP speaker's bureau recruitment strategy, and request numbers Estimated Budget: \$10,000 Other resources needed: technical assistance from partners

### **Years 2-5 Strategies:**

□ Take lessons learned and apply to other screenable cancers

# Screening Crosscutting Issues: HEALTH DISPARITIES AND HEALTH EQUITY

1 year SMART objective C3: increase the number of NC2 partner organizations, clinics, and federally qualified health centers who have had staff participate in culturally and linquistically appropriate standards trainings in the past 12 months to 50 by June 2018

Strategy (specific discreet activities designed to achieve the objective) used: support the Office of Health Disparities and Health Equity in wide dissemination and promotion of the culturally and linguistically appropriate standards trainings, communicate to high risk and vulnerable populations in many different ways the current screening guidelines for cancer, and the available tests, update NC2 communication and media plan to include sample messages for partners on communicating to the public on screening. Include at least one webinar in the monthly series on each screenable cancer before the relevant awareness month.

What will be measured: staff participated in CLAS trainings	Baseline: unknown	Data source: program records	Timeframe: by June 2018	
Continuum of care:  Screening/early detection	Level of action: Institutions Communities Systems Policy	Criteria:  Burden  Environmental scan  Stakeholder interest  Available resources	Population: adults of screening age, high risk and vulnerable populations  Setting: communities, clinics, workplaces	
Evidence base: The Community Guid Research Tested Intervention Progra			ad workgroup: screening and early ection	

National Cancer Institute, National Colorectal Roundtable 80% by 2018, LGBT Best and Promising Practices Throughout the Cancer Continuum

Other resources needed: technical assistance from partners

Indicators: reported changes in knowledge attitudes and beliefs, web analytics, attendance at events

Evaluation methods: pre/post tests, process evaluations, program **Lead evaluating organization:** NE CCCP/other partners as appropriate evaluations

**Years 2-5 Strategies:** 

Estimated budget: \$10,000

Take lessons learned and apply to other screenable cancers







# **Screening Crosscutting Issues: HEALTH SYSTEMS CHANGES**

1 year SMART objective C4: increase the number of partner clinics or federally qualified health centers working to increase their colon cancer screening rates from 0 to at least 2 by June 2017

Strategy (specific discreet activities designed to achieve the objective) used: support the creation of a colonoscopy registry using the Nebraska Health Information Initiative, support the creation of medical neighborhoods, support individual clinics and federally qualified health centers in increasing their cancer screening rates through evidence based interventions

What will be measured: number increase Baseline: 0 FQHCS			Data source: program re	Data source: program records Timeframe: by 2017				
Continuum of care:  Primary Prevention	ary Prevention  Institutions Communities Systems  Burden Environmenta Stakeholder in		<ul><li>Burden</li><li>Environmental scan</li></ul>	Setting: community		Its of screening age inities, clinics		
Evidence base: "How to Increase Scr Programs from the National Cancer Addressing Chronic Disease Through	al Colorectal Roundtal			rganization: NE ACS/Colorectal able	Lead workgroup: screening and early detection			
Indicators: increased knowledge, reported changes in beliefs or attitudes about screening, improved screening rates at individual clinics, improved system wide supports at clinics, improved staff buy in at clinics								
Evaluation methods: process and pro	Lead evaluating organization: NE CCCP							
Estimated budget: \$20,000			Other resources needed: technical assistance from partners					

### **Years 2-5 Strategies:**

☐ Take lessons learned and apply to other screenable cancers

# 15 Objective



**Tables** 



### **PRIORITY AREA:** Early Detection & Screening 5 year SMART objective E: increase the number of American College of Surgeons Commission on Cancer Accredited (ACoS CoC) Cancer Centers who are Lung Cancer Screenings of Excellence from 1 to 13 by 2021 What will be measured: number of ACoS CoC Cancer Centers who are Baseline: 5 Data source: American Cancer Timeframe: Lung Cancer Screenings of Excellence Society, Lung Cancer Alliance by 2021 Continuum of care: Level of action: Criteria: Population: qualified NE residents Screening/early detection Individual □ Burden who meet USPSTF Lung CA screening Fnvironmental scan guidelines Stakeholder interest Available resources **Setting:** community Evidence Base: USPSTF. ACoS CoC Lead organization: NC2 Lead workgroup: early detection & screening Short-term indicators (1st and 2nd year): Intermediate indicators (3rd to 4th year): number Long-term indicators (4th to 5th year): requests for technical assistance, number of of cancer centers accredited number of Nebraskans appropriately cancer centers accredited screened for lung cancer Lead evaluating organization: NE CCCP Evaluation methods: process evaluation of assistance, tracking numbers Estimated Budget: \$100,000 Other resources needed: technical expertise

1 year SMART objective E1: improve access to safe, responsible screening by increasing the number of lung cancer screening programs in Nebraska from 1 to 5 that comply with best practice standards by June 2018 Strategy (specific discreet activities designed to achieve the objective) used: form ad hoc committee with representation from ACS and Physician Liaison of ACoS CoC and members of Survivorship group to study best way forward. Provide action plan for providing technical assistance moving forward at the end of year one What will be measured: number of CoC Cancer Centers Baseline: there are currently 5 of the 13 CoC Data source: Lung Timeframe: Cancer Centers who are Lung Cancer Screenings of who are Lung Cancer Screenings of Excellence Cancer Alliance bv 2018 Excellence through the Lung Cancer Alliance Level of action: Population: Nebraskans eligible for Continuum of care: Criteria: Screening/early detection Institutions □ Burden lung cancer screening Fnvironmental scan Setting: Nebraska Cancer Centers Stakeholder interest Available resources Evidence base: USPSTF, ACoS CoC Lead organization: NC2 Lead workgroup: early detection & screening Indicators: requests for technical assistance, number of cancer centers accredited Evaluation methods: process evaluation of assistance, tracking numbers Lead evaluating organization: NE CCCP Estimated budget: \$20,000 Other resources needed: technical expertise

# **Emphasize Primary Prevention**

### **PRIORITY AREA:** Primary Prevention 5 year SMART objective F: increase the number of Nebraska homes tested for radon from 73,280 to 80,000 by 2021 What will be measured: Nebraska homes tested Baseline: 73,280 Data source: office of Indoor Air Quality Timeframe: by 2021 Continuum of care: Level of action: Criteria: Population: Nebraska property owners Families Primary Prevention Burden **Setting:** communities Communities Fnvironmental scan Evidence base: Environmental Protection **Lead workgroup:** Primary Prevention Lead organization: NE CCCP Agency National Radon Action Plan Short-term indicators (1st and 2nd Intermediate indicators (3rd to 4th year): number Long-term indicators (4th to 5th year): number of homes tested, number of homes mitigated for year): number of homes tested, of homes tested, number of homes mitigated number of homes mitigated for radon for radon, number of communities with Radon radon, statewide coverage of RRNC Resistant New Construction Codes (RRNC) Evaluation methods: tracking numbers of homes tested, number of homes mitigated numbers of Lead evaluating organization: NE CCCP communities with RRNC Estimated budget: \$500,000 Other resources needed: TBD







1 year SMART objective F1: increase the number of Nebraska homes tested for radon from 73,280 to 74,280 by June 2018 Strategy (specific discreet activities designed to achieve the objective) used: increase demand for radon testing and mitigation through increased public awareness with social marketing campaign targeted toward property owners What will be measured: number of homes tested **Baseline**: 73.280 **Data source**: office of Indoor Air Quality **Timeframe**: by June 2018 Continuum of care: Level of action: Criteria: Population: Nebraska property owners Primary Prevention Families Burden **Setting:** communities Institutions Environmental scan Communities Systems Policy Evidence base: Environmental Protection Agency National Radon Action Plan Lead organization: CCCP Lead workgroup: **Primary Prevention** Indicators: numbers of homes tested, reported knowledge, attitudes and beliefs through electronic survey, campaign analytics Evaluation methods: tracking numbers of homes tested, campaign analytics Lead evaluating organization: NE CCCP Estimated budget: \$100,000 Other resources needed: technical expertise of partners

### Year 2-5 strategies:

- 1. Support communities in adopting radon resistant new construction codes
- 2. Support local health department staff in being trained to test for radon
- 3. Create toolkit to outreach to child care providers and schools on radon testing
- 4. Support research on the cost-effectiveness of mitigation
- 5. Create toolkit to outreach to property owners of rentals on radon testing
- **6.** Seek funding source for radon mitigation for low income Nebraskans
- 7. Support statewide coverage of radon resistant new construction codes

# **PRIORITY AREA:** Primary Prevention

5 year SMART objective G: decrease the percentage of adults 18 and older who report having five or more alcoholic drinks for men/four or more alcoholic drinks for women on at least one occasion during the past 30 days from 19.5% to 17.5% by June 2021

What will be measured: percent decrease Baseline: 19.5% **Data source: BRFSS** Timeframe: by June 2021

Continuum of care:

Primary Prevention

Level of action:

Communities Policy

Criteria: Burden

Stakeholder interest

Population: adults of drinking age

**Setting:** communities

Evidence base: The Community Guide, CDC Cancer and Alcohol Infographic, CDC **Alcohol Frequently Asked Questions** 

Lead organization: NC2

Lead workgroup: **Primary Prevention** 

Short-term indicators (1st and 2nd year): increased knowledge, changed attitudes and beliefs

Intermediate indicators (3rd to 4th year): changed community and organizational policies, continued Increased knowledge, changed attitudes and beliefs

Long-term indicators (4th to 5th year): changes in BRFSS indicators

**Evaluation methods:** BRFSS tracking, process and program evaluations

Lead evaluating organization: NE CCCP

Estimated budget: \$50,000 Other resources needed: content expertise







1 year SMART objective G1: implement a one year educational program on the health risks of alcohol consumption related to cancer by June 2018 Strategy (specific discreet activities designed to achieve the objective) used: partner with other local organizations to educate Nebraska Cancer Coalition members and medical community (physicians, nurses, PAs, office staff) at large on the health risks of alcohol consumption, review current literature for most accurate science and dissemination methods and produce recommendations, assemble a toolbox of organizational no alcohol fundraising and alcohol free event policies Timeframe: by 2018 What will be measured: implementation Baseline: no program Data source: program records Continuum of care: Level of action: Criteria: Population: adults of drinking age Primary Prevention Communities □ Burden Setting: communities, clinics Stakeholder interest Evidence base: The Community Guide, CDC Cancer and Alcohol Infographic, CDC Lead organization: NC2, NE Lead workgroup: **Alcohol Frequently Asked Questions** CCCP **Primary Prevention** 

**Indicators:** changes in knowledge attitudes, beliefs , pre/post tests

Evaluation methods: process, knowledge, dissemination

Lead evaluating organization: NE CCCP

Estimated budget: \$10,000 Other resources needed: content expertise

### **Years 2-5 Strategies**

- 1. Sponsor a Cancer Summit speaker
- 2. Targeted distribution of alcohol policy toolkit
- 3. Sponsor a speaker on the health risks of alcohol at injury prevention conference
- 4. Invite members of the injury prevention community to join the Nebraska Cancer Coalition

## **PRIORITY AREA:** Primary Prevention-Health Disparities and Health Equity

**5 year SMART objective H:** reduce the percentage of low income (less than \$35,000 annual income) adults that currently smoke from 25.5% to 21% by 2021

What will be measured: percent decrease Baseline: 25.5% Data source: BRFSS Timeframe: by 2021

Continuum of care:

Primary Prevention

Survivorship

Level of action:

IndividualFamilies

Communities

Criteria:

Environmental scan

Available resources

ila source. DRF33

Population: Nebraskans who experience health disparities

**Setting:** communities

**Evidence base:** <u>CDC Tips Campaign, CDC Tobacco</u> Related Disparities, The Community Guide **Lead organization:** tobacco Free Nebraska/ Nebraska Comprehensive Cancer Control Program **Lead workgroup:** Primary Prevention, Health Disparities and Health Equity, Survivorship

Short-term indicators (1st and 2nd

year): increased calls to Quitline, increased requests for available resources, increased connection to stakeholder groups, campaign analytics

Intermediate indicators (3rd to 4th year): rate decreases, increased reported quit attempts, Increased calls to Quitline, increased requests for available resources, increased connection to stakeholder groups, campaign analytics

Long-term indicators (4th to 5th year): rate decreases, increased reported quit attempts, Increased calls to Quitline, increased requests for available resources, increased connection to stakeholder groups, campaign analytics

Evaluation methods: process, Program, data tracking

Lead evaluating organization: Tobacco Free Nebraska, Nebraska Comprehensive

Cancer Control Program

Estimated budget: \$750,000 Other resources needed: technical expertise



Objective Tables



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1 year SMART objective H1: reduce the percentage of low income (less than \$35,000 annual income) adults that currently smoke from 25.5% to 25% by June 2018 Strategy (specific discreet activities designed to achieve the objective) used: leverage TIPS campaign between Tobacco Free Nebraska and Nebraska Comprehensive Cancer Control Program. Increase connections between tobacco community organizations and cancer control organizations What will be measured: increased calls to Quitline, campaign analytics, increased Timeframe: by 2018 Baseline: Data source: Nebraska requests for available resources, increased connections to stakeholder groups 25.5% Ouitline Continuum of care: Level of action: Criteria: Population: Nebraskans who experience health disparities Primary Prevention □ Individual □ Burden **Setting:** communities Survivorship Families Environmental scan Communities Stakeholder Interest Available rescources Evidence base: CDC Tips Campaign, CDC Tobacco Lead organization: Tobacco Free Nebraska/ Lead workgroup: Primary Prevention, Health Related Disparities, The Community Guide Nebraska Comprehensive Cancer Control Program Disparities and Health Equity, Survivorship Indicators: increased calls to Quitline, increased requests for available resources, increased connection to stakeholder groups, campaign analytics Lead evaluating organization: Tobacco Free Nebraska, Evaluation methods: campaign analytics, process, tracking Nebraska Comprehensive Cancer Control Program

# PRIORITY AREA: Eliminate Health Disparities/Policy, Systems and Environmental Changes

5 year SMART objective I: increase the number of Nebraskans who consider written health information always or nearly always easy to understand from 73.4% to 80% by 2021

Other resources needed: technical expertise

What will be measured: percent increase Baseline: 73.4% of Nebraskans Timeframe: by 2021

Continuum of care:

Primary p revention

Screening/early detection

Estimated budget: \$150,000

Diagnoses

Treatment

Palliation End of life care

Survivorship

Level of action:

Institutions

Systems

Policy

Burden

Criteria:

Environmental scan

Stakeholder interest

Available rescources

Data source: Nebraska BRFSS

Population: individuals with low health literacy/ unique cultural and linguistic needs in clinical settings.

Setting: Nebraska Cancer Centers, local health departments, 501 c 3 organizations, and Federally Qualified Health centers

Evidence base: National Action Plan to Improve Health Literacy, CDC Learn About Health Literacy

Lead organization: Nebraska Comprehensive Cancer Control Program, Nebraska Association of Local Health Directors, Nebraska Cancer Coalition, Office of Health Disparities and Health Equity

**Lead workgroup:** Health Disparities and Health Equity, policy, systems and environmental changes

Short-term indicators (1st and 2nd year): creation of action plans, buy in from upper level administration, and broad support across departments

Intermediate indicators (3rd to 4th year): number of plans in implementation, broad support across organization

Long-term indicators (4th to 5th year): improvement in selected BRFSS indicators

**Evaluation methods:** action plan evaluation reports, key informant interviews, signatures of administration on all plans

Lead evaluating organization: Nebraska Comprehensive Cancer Control Program

Other resources needed: technical expertise Estimated budget: \$60,000







1 year SMART objective I1: increase the number of Nebraska Cancer Coalition partner organizations implementing health literacy action plans and participating in CLAS trainings by 2, by 2017

Strategy (specific discreet activities designed to achieve the objective) used: contract with Nebraska Cancer Coalition to provide financial support to two partner organizations (Nebraska Cancer centers, Local health departments, 501 c 3 organizations, and Federally Qualified Health centers) to implement health literacy action plans and to participate in up to 4 CLAS sessions provided by the DHHS Office of Health Disparities and Health Equity. Contract with Nebraska Association of Local Health Directors to provide technical assistance to the selected organizations on health literacy action planning

What will be measured: number of partner organizations participating in action planning for health literacy

Policy

Baseline: 0

**Data source:** program and partner records

Timeframe: by 2018

### Continuum of care:

- Primary Prevention
- Screening/early detection
- Diagnoses
- Treatment
- Palliation
- End of life care
- Survivorship

Level of action:

- InstitutionsSystemsEnviron
  - Environmental scanStakeholder interest

Criteria:

Available rescources

**Population**: individuals with low health literacy/unique cultural and linguistic needs in clinical settings

Setting: Nebraska Cancer Centers, local health departments, 501 c 3 organizations, and Federally Qualified Health centers

**Evidence base:** National Action Plan to Improve Health Literacy, CDC Learn About Health Literacy Lead organization: Nebraska Comprehensive Cancer Control Program, Office of Health Disparities and Health Equity, Nebraska Cancer Coalition, Nebraska Association of Local Health Directors

Lead workgroup: Health Disparities and Health Equity, policy, systems and environmental changes

Indicators: creation of action plans, buy in from upper level administration, and broad support across departments

**Evaluation methods:** action plan evaluation reports, key informant interviews, signatures of administration on all plans

**Lead evaluating organization:** Nebraska Comprehensive Cancer Control Program

Estimated budget: \$12,000 Other resources needed: technical expertise, partnership

Estimated budget: \$1

PRIORITY AREA: Primary Prevention/Policy, Systems, Environmental Changes

**5 year SMART objective J:** increase statewide coverage of Complete Streets policies from 4 to statewide by 2021.

What will be measured: number of complete streets policies

Baseline: 4

**Data source:** American Cancer Society/American Association of Retired Persons, DHHS Chronic Disease Prevention and Control Program

Timeframe: by 2021

Continuum of care:

Primary Prevention

Level of action:

- Communities
- Policy

Criteria:

- Burden
- Environmental scanStakeholder interest
- Available rescources

Population: Nebraskans

Setting: communities

Evidence base: Surgeon General's Call to Action To Promote Walking and Walkable Communities, CDC Guide to Strategies to Increase Physical Activities in the Community

**Lead organization:** American Cancer Society Cancer Action Network, American Association of Retired Persons, DHHS Chronic Disease Prevention and Control Program **Lead workgroup:**Primary Prevention



**Objective** 



Short-term indicators (1st and 2nd year): number of local coalitions, BRFSS physical activity & walking data

Intermediate indicators (3rd to 4th year): number of local policies, BRFSS physical activity & walking data

Evaluation methods: tracking, program and process evaluations

Lead evaluating organization: DHHS Chronic Disease Prevention and Control Program

Other resources needed: subject matter expertise

1 year SMART objective J1: increase number of walking coalitions statewide from 7 to 12 by June 2018							
Strategy (specific discreet activi	ties designed to achie	eve the objective)	used: coordinat	te and assist o	communitie	s in forming coa	litions around walking
What will be measured: number	Baseline: 12	Data source: DHHS Coordinated Chronic Disease Prevention and Control program			Timeframe: by June 2018		
Continuum of care:	Level of action:	Criteria: Population: Nebraska commun					ebraska communities
<ul><li>Primary Prevention</li></ul>	<ul><li>Communities</li><li>Policy</li></ul>	<ul> <li>Burden</li> <li>Environmental scan</li> <li>Stakeholder interest</li> <li>Available rescources</li> </ul> Setting: communities					unities
Evidence base: Surgeon General's Call to Action To Promote Walking and Walkable Communities, CDC Guide to Strategies to Increase Physical Activities in the Communities.				Lead organization: ACS CAN/AARP/NC2		Lead workgroup: Primary Prevention	
Indicators: number of coalitions, BRFSS physical activity data, requests for technical assistance							
<b>Evaluation methods</b> : partnership evaluation data, BRFSS tracking, tracking number of communities  Lead evaluating organization: DHHS Chronic Disease Prevention and Control program						hronic Disease	
Estimated budget: \$12,000 to h	ost coalition building	trainings		Other resou	rces neede	ed: subject matte	er expertise

### **Years 2-5 Strategies:**

- 1. Continue to expand walking coalitions across the state to complement existing funding
- 2. Support partner organizations efforts to achieve state wide coverage

### **PRIORITY AREA:** Primary Prevention 5 year SMART objective K: increase female and male HPV vaccination rates from 43.3 (females) and 22.8 (males) to 48 and 27, respectively by 2021 What will be measured: rate increase Baseline: 43.3 (female) 22.8 (males) Data source: DHHS Immunization Timeframe: by 2021 Program Continuum of care: Level of action: Criteria: Population: vaccination age Nebraska youth and parents Primary Prevention Individuals Burden **Setting:** communities Available rescources Families Evidence base: NACCHO Statement of Policy, **Lead organization:** Department of Health and Human **Lead workgroup:** Primary Prevention Centers for Disease Control and Prevention, Services Comprehensive Cancer Control Program (DHHS The Community Guide, The National HPV Immunization Program and American Cancer Society Vaccination Roundtable provide technical assistance)





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Short-term indicators (1st and 2nd year): Nebraska State Immunization Information System, vaccine orders, changes in knowledge attitudes and beliefs.

Intermediate indicators (3rd to 4th year): Nebraska State Immunization Information System, vaccine orders

Long-term indicators (4th to 5th year): vaccination coverage rates, vaccine orders

Evaluation methods: monitoring vaccine orders and coverage rates, individual program evaluation

Lead evaluating organization: DHHS Immunization Program, Comprehensive Cancer Control Program

Estimated budget: \$150,000

Other resources needed: technical assistance, subject matter expertise

1 year SMART objective K1: increase the knowledge of and change beliefs about the HPV vaccine in targeted area of Nebraska by June 2018 Strategy (specific discreet activities designed to achieve the objective) used: social media campaign targeted towards vaccine age Nebraska youth What will be measured: implementation of campaign Baseline: no campaign Data source: Immunization Program Timeframe: by June 2018 Continuum of care: Level of action: Criteria: Population: Nebraska youth of vaccine age Primary Prevention Communities Burden **Setting:** communities Stakeholder interest Available rescources Evidence base: NACCHO Statement of Policy, Centers **Lead workgroup:** Primary Prevention **Lead organization**: DHHS Immunization for Disease Control and Prevention, The Community Program (DHHS Comprehensive Cancer Control Guide, The National HPV Vaccination Roundtable Program provides technical assistance)

Indicators: survey respondents reporting increased knowledge and a change in beliefs, increased demand for vaccine

Evaluation methods: media campaign analytics, electronic survey

**Lead evaluating organization:** Immunization Program

Estimated budget: \$30,000

Other resources needed: technical assistance, leveraged networks, evaluation assistance

### Year 2-5 strategies:

- 1. Reduced missed opportunities and increase HPV vaccine series completion through assessment and system-based changes using AFIX visits to enrolled clinics
- 2. Support and continue participation in the Nebraska HPV Roundtable
- 3. Support efforts to require reporting vaccinations to a vaccination registry
- 4. Continue to disseminate knowledge and best practices via NC2 webinars and summit presentations







# **Address the Public Health Needs of Cancer Survivors**

### PRIORITY AREA: Address Public Health Needs of Cancer Survivors

**5 year SMART objective L:** by 2021, collaborate with cancer stakeholders across the state to identify supportive care, rehabilitative needs of caregivers and cancer survivors in the following phases: a.) diagnosis and treatment; b.) post-acute treatment phase; c.) long-term survival; d.) living with metastatic disease; and e.) palliative care/end of life

What will be measured: knowledge of needs of cancer survivors and caregivers

Baseline: no needs assessment exists

Criteria:

**Data source**: questionnaires and Interviews

**Timeframe:** ongoing over the 5 year plan

d. living with metastatic

Continuum of care:

Survivorship

Level of action:

Individuals

IndividualsStakeholder interestFamiliesAvailable rescources

**Population:** cancer survivors in one of the 4 phases:

- a. diagnosis & treatment
- b. post-acute treatmentc. long-term survival
- disease
  e. palliative care/end of life

Setting: will vary

**Evidence base:** in 2014, cancer survivors totaled 14.5 million. That number is predicted to reach 19 million by 2024 (ACS Cancer Treatment & Survivorship Facts & Figures). Understanding the needs and desires of the cancer survivor and their caregivers will be imperative as the need for services increases

Lead organization: NC2

**Lead workgroup:** A Time to Heal will lead the first year's efforts to do the statewide survey of needs and resources *Survivorship Workgroup of NC2 will decide leadership for following years* 

Short-term indicators (1st and 2nd year):

identify survivor and caregiver supportive and rehabilitation resources across the state, develop a needs assessment to survey at least 300 NE cancer survivors, develop an initial resource guide of survivorship resources already in existence in NE

### Intermediate indicators (3rd to 4th year):

data analysis of cancer survivors' need survey. Determine if further assessment is needed to uncover the needs of populations that may have been under-represented in the original survey. If so, make concerted efforts to get input from those survivors. Continue to update the resource guide of resources across the state.

Long-term indicators (4th to 5th year): use the data analysis of cancer survivors' needs and priorities identified for each phase of cancer. Begin pilot survivorship program in

one or more of the top needs.

Evaluation methods: process evaluation for assessment, tracking data from assessment

Lead evaluating organization: NE CCCP

Estimated budget: \$100,000

Other resources needed: support of cancer advocacy groups and cancer centers; phone conferencing capability; technological support to put written, audio, and video information online and/or into CD/DVD format

# Objective Tables

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Nebraska Cancer Coalition
www.necance.org

### 1 year SMART objective L1: By the end of 2018 plan year,

- a) Establish and identify collaborative relationships with at least five cancer stakeholder groups interested in partnering with the NE State Comprehensive Cancer Control Program to identify survivor and caregiver supportive and rehabilitation resources across the state.
- b) Develop and implement a needs survey targeted to identifying the needs of NE cancer survivors
- c) Collect survey data from at least 300 NE cancer survivors
- d) Produce a preliminary resource guide listing currently available survivorship programs in NE

### Strategy (specific discreet activities designed to achieve the objective) used:

- Personal contact with key cancer stakeholders to identify at least 5 entities willing to help with a needs survey
- Identify existing supportive and rehabilitative resources the state
- ☐ With input from cancer care professionals, develop a needs survey that can be available both online and in paper and pencil formats
- Distribute the survey to cancer survivors across the state via cancer centers, advocacy groups, and direct contact with survivors

			Baseline: to be with this surve		ablished Data source: cancer survivors in NE		Timeframe: by 2018	
Continuum of care:  Survivorship	Level of action: Individual Families	□ Rurden			Population: mixed diagnoses- children and ad Setting: throughout the state			nd adults
Evidence base: in 2014, cancer survivors totaled 14.5 million. That number is predicted to reach 19 million by 2024 (ACS Cancer Treatment & Survivorship Facts & Figures).  Understanding the needs and desires of the cancer survivor and their caregivers will be imperative as the need for services increases  Lead organization:  A Time to Heal NC2 survivorship								<b>J</b>
Indicators: partnership assessments, process evaluation of resource guide creation, number of guides dissemination, dissemination strategies								
<b>Evaluation methods:</b> partnership assessments, process evaluations, dissemination strategies <b>Lead evaluating organization:</b> Dept. of Health and Human Services Division of Public Health, Health Promotion Unit								
Estimated budget: \$19,000 Other resources needed: underwriting for a brainstorming conference to develop the survey, technology to distribute the survey to survivors in different settings, collaboration with on-site care providers to encourage survivor participation in the survey								

**Objective Tables** 





### 1 year SMART objective L2: by June 2018 form working group to address raising Pain Policy Studies Group grade from B+ to A

Strategy (specific discreet activities designed to achieve the objective) used: form ad hoc committee to study requirements and create action plan to raise grade. Committee to include representatives from cancer centers, American Cancer Society Cancer Action Network, AARP, Injury Prevention Overdose Prevention Coordinator

What will be measured: output of Baseline: no current plan or timeline Timeframe: by June 2018 Data source: "Achieving Balance in Sate Pain Policy" committee Painpolicy.wisc.edu

Continuum of care: Level of action: Criteria: Population: Nebraska cancer survivors Palliation Policy Burden Setting: statewide

Fnvironmental scan End of life care Stakeholder interest Survivorship

Evidence base: "Achieving Balance in State Pain Policy a Progress Report Lead organization: American Cancer Lead workgroup: Card" Pain & Policy Studies Group and "How Do You Measure Up?" Society Cancer Action Network, American Cancer Society Cancer Action Network Nebraska Cancer Coalition

survivorship; policy, systems and environmental changes

**Indicators**: creation of realistic action plan and timeline

**Evaluation methods:** partnership evaluation, process evaluation

Lead evaluating organization: NE CCCP

Estimated budget: \$1,000 Other resources needed: staff time to lead group, technical assistance regarding suitable policies

### Years 2-5 strategies:

- 1. Support increased access to care and insurance for all Nebraskans
- 2. Support creation and maintenance of opioid prescription database for Nebraska pharmacies
- 3. Support lung cancer support group organized by American Lung Association

### PRIORITY AREA: Address Public Health Needs of Cancer Survivors

**5 year SMART objective M:** by 2021, collaborate with researchers at state and university levels to increase the quality and reach of cancer survivorship research projects/grants relevant to the different phases of cancer survivorship (diagnosis and treatment, post-acute treatment, palliative care, and end of life)

### What will be measured:

- 1. Collaborative relationships developed
- 2. Research projects in progress

### Baseline:

- 1. Informal relationships with accredited cancer centers that currently conduct research
- 2. None known

### Data source:

environmental scan

Timeframe:

by 2021

### Continuum of care:

Survivorship

### Level of action:

Institutions

### Criteria:

Environmental Scan

# **Population:** cancer survivors in one of the 4 phases:

- a. diagnosis & treatment
- b. post-acute treatment
- c. palliative care

Lead organization:

NC2

### d. end of Life

Setting: research will be conducted in a variety of settings dependent pon project

**Evidence base:** in 2014, cancer survivors totaled 14.5 million. That number is predicted to reach 19 million by 2024 (ACS Cancer Treatment & Survivorship Facts & Figures). Understanding the needs and desires of the cancer survivor and their caregivers will be imperative as the need for services increases

# Short-term indicators (1st and 2nd year):

- 2 relationships established
- 2 funded projects/grants in process

### Intermediate indicators (3rd to 4th year):

- 5 relationships established
- 5 funded projects/grants in process

### Long-term indicators (4th to 5th year):

**Lead workgroup:** Survivorship Workgroup

- 8 relationships established
- 8 funded projects/grants in process

**Evaluation methods:** routine environmental scan, key informant interviews

**Lead evaluating organization:** NE Comprehensive Cancer Control Program

Estimated budget: \$75,000

Survivorship

Other resources needed: designated ombudsman (or team) to meet with and build collaborative research relationships

Totallorioripo

1 year SMART objective M1: by June 2018, establish a collaborative relationship with at least two entities interested in partnering with the Nebraska Cancer Coalition to evaluate the highest priorities for cancer survivorship research

### Strategy (specific discreet activities designed to achieve the objective) used:

- Identify current survivorship research being conducted at the accredited cancer centers via key informant interviews
- List entities with research expertise that could be potential partners in conducting survivorship research through work group
- Explore funding opportunities focused on cancer survivors, both who are well and those receiving EOL care through work group

What will be measured: number of formal, collaborative relationships developed

Baseline: 0 formal relationships

Data source: environmental scan

Timeframe: by 2018

IEBRASKA **relat** 

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**Objective** 

**Tables** 



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Continuum of care: Level of action:

Institutions

Criteria:

Environmental scan

Population: mixed diagnoses - children and adults

Setting: throughout the state

**Evidence base:** in 2014, cancer survivors totaled 14.5 million. That number is predicted to reach 19 million by 2024 (ACS Cancer Treatment & Survivorship Facts & Figures). Understanding the needs and desires of the cancer survivor and their caregivers will be imperative as the need for services increases. Research is the evidence based way to determine which services effectively meet the needs without wasting valuable resources

Lead organization: NC2

**Lead workgroup:**Survivorship Workgroup

Indicators: 2 formal research relationships developed

Evaluation methods: routine environmental scan, key informant interviews

Lead evaluating organization: NE Comprehensive

Cancer Control Program

Estimated budget: \$10,000

Other resources needed: designated ombudsman (or team) to meet with and build collaborative research relationships

### **Year 2-5 strategies:**

- 1. Continue to build formal research relationships
- 2. Publish at least three peer reviewed articles
- 3. Release one white paper a year



Inputs Activities Year ONE & TW	O Short-term Indicators	Intermediate Indicators	Long-term Indicators
Inputs  Nebraska Comprehensive Cancer Control Program Staff & Funding  1. Provide support to cancer centers seeking to become lung cancer screening centers of excellence.  2. Increase the number of transportation or worksite wellness projects related to screening. (Crosscutting issue ACCESS)  3. Increase the channels of communication to the public on the importance of cancer screening (webinar training for nonclinical staff, creation of speaker's bureau). (crosscutting issue EDUCATION)  4. Increase the number staff trained on CLAS (Crosscutting issue HEALTH DISPARITIES HEALTH EQUITY)  5. Increase the number of funded projects with partner clinics or FQHCS working to improve their CRC screening rates (Crosscutting issue in the property of the proposed to improve their CRC screening rates (Crosscutting issue in the property of the proposed to improve their CRC screening rates (Crosscutting issue in the property of	Early detection and Screening:  1. Number of requests for technical assistance, number of cancer centers accredited  2. Reported changes in knowledge, attitudes, beliefs, uptake in transportation programs. (Crosscutting issue ACCESS)  3. Creation of channels of communication, documented reach, number, variety of speakers. (crosscutting issue EDUCATION)  4. Attendance at CLAS trainings, number of staff trained, reported applicability. (Crosscutting issue HEALTH DISPARITIES HEALTH EQUITY)	Early detection and Screening:  1. Number of cancer centers accredited.  2. Reported changes in knowledge, attitudes, beliefs, uptake in transportation programs. Changes in clinical systems. (Crosscutting issue ACCESS)  3. Documented reach of channels of communication. (crosscutting issue EDUCATION)  4. Attendance at CLAS trainings, number of staff trained, reported applicability. (Crosscutting issue HEALTH DISPARITIES HEALTH EQUITY)  5. Number of funded projects and results of project evaluations, clinic screening rates. (Crosscutting issue HEALTH SYSTEMS CHANGES)	Early detection and screening:  1. Number of Nebraskans appropriately screened for lung cancer.  2. Increase in the number of Nebraska women up to date on cervical cancer screening.  3. Increase in the number of Nebraska men who have talked with their health care provider about the PSA test.  4. Increase in the number of adults up to date on colorectal cancer screening







### **HEALTH SYSTEMS CHANGES**

Data (Nebraska Cancer Registry, Behavioral Risk Factor Surveillance System 1. Social marketing and others)

### State Health Improvement Plan

### Nebraska Cancer Coalition

### **Emphasize Primary** Prevention:

- campaign on the dangers of radon targeted to home owners.
- 2. One-year educational series on cancer risk and alcohol targeted to health professionals.
- 3. Collaborative efforts educate Nebraskans who experience health disparities via the CDC TIPS campaign on tobacco and cancer risks. (Cross cutting issue HEALTH **DISPARITIES HEALTH** EQUITY)
- 4. Support cancer centers, hospitals, FQHCs, 501c3 orgs, and local health departments in implementing health literacy action plans. (Crosscutting issue **HEALTH DISPARITIES** HEALTH EOUITY. **POLICY AND SYSTEMS** CHANGES)
- 5. Coordinate and assist communities in forming coalitions around walking in collaboration with DHHS Chronic **Disease Prevention** and Control Program. (Crosscutting issue **POLICY AND SYSTEMS** CHANGES).

### **Emphasize Primary** Prevention:

- 1. Number of homes tested for radon, number of homes mitigated for radon.
- 2. Reported changes in knowledge, attitudes and beliefs.
- 3. Increased calls to Quitline, increased requests for available resources, increased connection to stakeholder groups, campaign analytics. (Cross cutting issue **HEALTH DISPARITIES HEALTH EQUITY)**
- 4. Creation of plans, buy in from administration. (Crosscutting issue **HEALTH DISPARITIES** HEALTH EOUITY. POLICY AND SYSTEMS CHANGES)
- 5. Number of local walking coalitions. (Crosscutting issue POLICY AND SYSTEMS CHANGES)
- **6.** Reported changes in knowledge, attitudes and beliefs.
- 7. Nebraska State **Immunization** Information System, vaccine orders, changes in knowledge attitudes and beliefs.

### **Emphasize Primary** Prevention:

- 1. Number of homes tested for radon, number of homes mitigated for radon. number of communities with radon resistant new construction.
- 2. Changed organizational policies, reported changed knowledge attitudes and beliefs.
- 3. Rate decreases. increased reported quit attempts. Increased calls to Quitline, increased requests for available resources. increased connection to stakeholder groups, campaign analytics (Cross cutting issue **HEALTH DISPARITIES HEALTH EQUITY**)
- 4. Number of plans in implementation, broad support across organization. (Crosscutting issue **HEALTH DISPARITIES** HEALTH EOUITY. **POLICY AND SYSTEMS** CHANGES)
- 5. Number of local policies, BRFSS physical activity and walking data. (Crosscutting issue POLICY AND SYSTEMS CHANGES)

### **Emphasize Primary** Prevention:

- 1. Number of homes tested for radon. number of homes mitigated for radon, state wide radon resistant new construction codes
- 2. Changes in BRFSS indicators
- 3. Rate decreases, increased reported quit attempts, Increased calls to Ouitline. increased requests for available resources. increased connection to stakeholder groups, campaign analytics (Cross cutting issue HEALTH DISPARITIES **HEALTH EQUITY)**
- 4. Improvement in selected BRFSS indicators. (Crosscutting issue **HEALTH DISPARITIES** HEALTH EOUITY. **POLICY AND SYSTEMS** CHANGES)
- 5. Statewide coverage of Complete Streets (crosscutting issue POLICY, SYSTEMS AND ENVIRONMENTAL CHANGES)
- 6. Changes in selected BRFSS indicators.



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# **6.** Support sun safe work environments and public attractions

7. Collaborate on a social marketing campaign on HPV vaccination targeted towards adolescents emphasizing cancer prevention in collaboration with DHHS Immunization Program.

- Changes in the built environment, reported changes in knowledge, attitudes and beliefs
- **7.** Vaccination Coverage rates, vaccine orders.
- Vaccination Coverage rates, vaccine orders, Vaccination Coverage rates, vaccine orders

### **Evidence Base**

# Other Program Plans (See executive summary)

# Address the Public Health Needs of Cancer Survivors:

- Develop and implement needs assessment targeted to Nebraska cancer survivors
- 2. Conduct key informant interviews with cancer stakeholder groups to identify resources available for survivors in Nebraska.
- 3. Form ad hoc committee to study requirements to raise Pain Policy Studies grade (Cross cutting issue POLICY AND SYSTEMS CHANGE)
- 4. Establish collaborative relationships with two entities interested in partnering with NC2 to evaluate the highest priorities in survivorship research.

# Address the Public Health Needs of Cancer Survivors:

- 1. Survey at least 300 survivors
- 2. Establish relationships with at least five stakeholder groups.
- 3. Creation of action plan. (Cross cutting issue POLICY AND SYSTEMS CHANGE)
- **4.** Two relationships established, and two projects funded.

# Address the Public Health Needs of Cancer Survivors:

- **1.** Establish baseline of unmet needs in Nebraska.
- **2.** Pain Policy Studies Group Grade.
- **3.** Five relationships established and fiveprojects funded.

# Address the Public Health Needs of Cancer Survivors:

- Use the data analysis of cancer survivors needs and priorities identified for each phase of cancer.
- **2.** Begin to plot survivorship program in or more of the top needs.
- **3.** Pain Policy Studies grade.
- 8 relationships established and projects funded.

### **Ultimate Indicator:**

Reduced Incidence and Mortality







